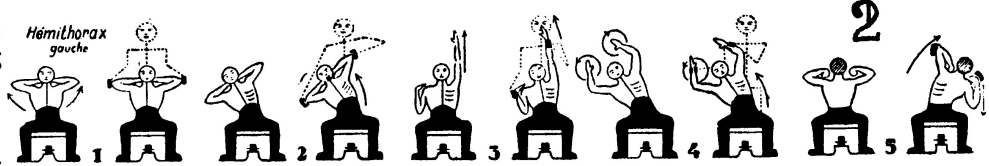


Gymnastique corrective vertébrale

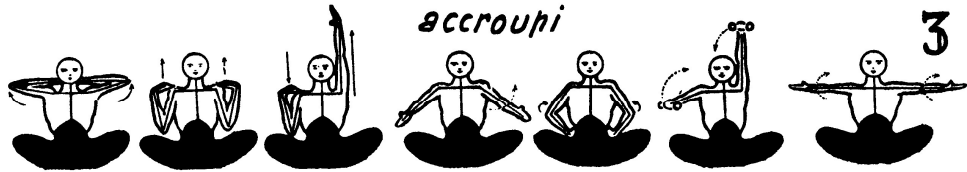
Les marches
Série A



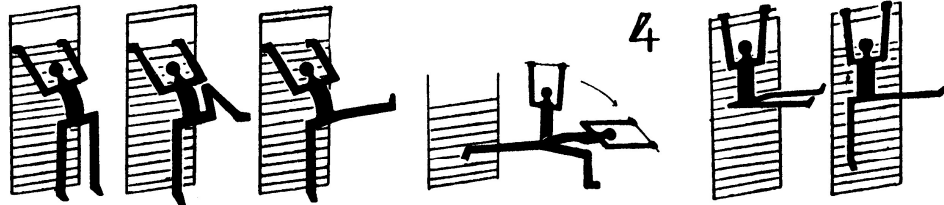
Traitements respiratoires
Série B



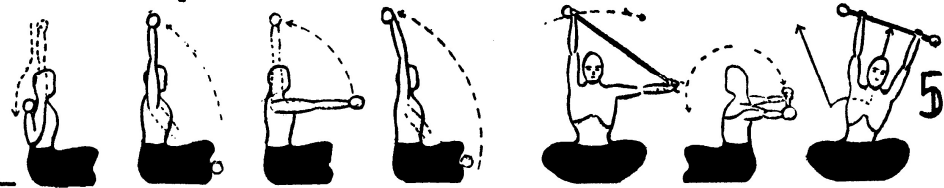
Séries accroupies à mains libres
Série C



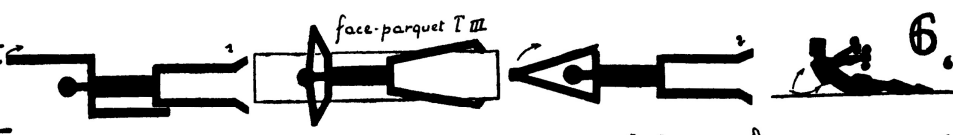
Espalier
Série D



Bâton en position accroupie
Série E



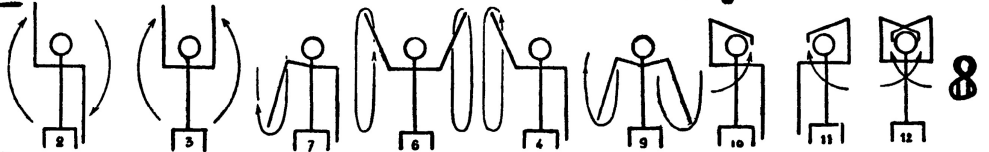
Redressements face au parquet
Série F



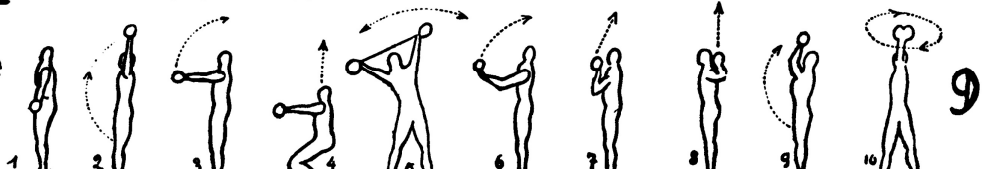
Gymnastique abdominale
Série G



Moulinets respiratoires tendus
Série H



Barre à 2 mains légère
Série I



Respir assouplissant Hindou
Série J



Orthopédie
Série K

